

# PIT-UK CPD EVENT

## 4TH APRIL 2025



1:30-4:30pm

Gaskell House, 28 Swinton Grove, Manchester M13 0EU

## PIT IN THERAPEUTIC FOCUS: TRAUMA, BEING & RELATEDNESS

The conference talks will offer:

- An overview of how the sense of self is disrupted by trauma in borderline conditions
- An explanation of how the Conversational Model aims to integrate trauma into ordinary consciousness
- A consideration of PIT in relation to emerging transtheoretical evidence for the core actions across all psychotherapies
- Opportunity to discuss these concepts and how to use them to inform our clinical work

## WHO IS THIS EVENT FOR?

This open meeting is aimed at psychotherapists, psychologists, psychiatrists and other health professionals interested in psychodynamic approaches to clinical practice.

## PROGRAMME

### 1:30 Traumatic impacts on the self

*Simon Heyland*

### 2:30 Reconstruction, reparation, responsiveness – is there a therapeutic essence to PIT?

*Dan Beales*

### 3:30 Plenary discussion

Attendance fee £30

PIT-UK member fee £20

Send payment to: PIT-UK

**Account: 60513166**

**Sort code: 82-11-07**

**Payment reference: 0424[your surname]**

## SPEAKERS



**SIMON HEYLAND**

Consultant Medical  
Psychotherapist



**DAN BEALES**

Consultant Medical  
Psychotherapist